

## **Wrestling With Ethical Dilemmas:**

## ...We Have Met the Enemy

Wednesday, December 18, 2013 | 9:00 a.m. - 12:30 p.m. | Hotel Captain Cook \$109 Registration Fee | 3.0 Ethics CLE Credits | CLE # 2013-022 \*No Webcast or DVD will be available for this program



This live, interactive seminar developed by ReelTime CLE provides an engaging and entertaining forum for consideration of some of the common ethical and professional dilemmas faced by lawyers, and the corresponding toll they can take on an attorney's mental health and well-being. Built around a series of film clips from the critically acclaimed 2011 film Win Win, starring Paul Giamatti as a struggling attorney and high school wrestling coach, this program explores the intersection of ethical decision-making and the various sources of stress that lawyers regularly encounter. Participants will leave this program better equipped to identify and understand the various pressures they commonly face in their practices, and with practical guidance for avoiding the kinds of professional and personal missteps that can literally ruin a career.

Mail: P.O. Box 100279, Anchorage, AK 99510-0279

Fax: 907-272-2932

or register at www.alaskabar.org

Wrestling	2013-022	Registration: \$109	Door Fee: \$134	
AK Bar Member #:		☐ Check enclosed	□ Visa	☐ Mastercard
☐ Non Bar Member		Acct #:		
Name:				
Firm:		Exp. Date:		
Address:		Name on card:		
City/State:		Signature:		
Email:		Billing Zip Code:		
Phone:		Total Enclosed: \$		

Ryenda Check-in begins 9:00 a.m. Introductions, Format, and Ground Rules 9:05 a.m. Professional(s) Wrestling is Real: Juggling the Manifold Demands on Your Time & Energy 9:35 a.m. Knowing When You're Overmatched: The Interplay of Stress, Mental Health, and Ethical Dilemmas 10:00 a.m. **Break** 10:15 a.m. Strengthening Your Core: The Importance of Working Out Your Core Values 10:45 a.m. Going to the Mat or Tapping Out? The Cumulative Effect of Everyday Choices 11:15 a.m. Break 11:30 a.m. Tag Team Wrestling: Leveraging Your Available Resources

12:00 p.m. We Have Met the Enemy: Practical Steps to Maintaining Your Ethical Commitments

Before You are Down for the Count

12:30 p.m. Adjourn

## Presented by: Michael Kahn, JD



Michael Kahn, JD, LPC is a co-founder of ReelTime CLE (www.reeltimecle.com), which provides CLE seminars on ethics, professional responsibility, and mental health/substance abuse awareness and prevention. ReelTime CLE Seminars have been accredited and presented in North Carolina, South Carolina, Virginia, Georgia, New York and New Mexico.

Michael holds a J.D. from the Dickinson School of Law, and practiced law with the Attorney General's Office for the State of New Jersey for 6 years. Although he left the practice of law in 1991, his work thereafter has kept him involved in the lives of attorneys. Following his stint as Assistant Director of Career Services with the Tulane University School of Law, Michael obtained his M. Ed. in Counseling from UNC-Greensboro in 1994, and shortly thereafter became a Licensed Professional Counselor in the State of North Carolina. He recently became a licensed counselor in the State of Oregon following his move to Corvallis in 2012.